

## Mizoram

### Background

A State Mentoring Group on Community Monitoring for Community Action for Health was constituted in November 2013 to explore the possibilities for initiation of community action for health component. The group met on December 17, 2013 to discuss the modalities for launching the Community Action for Health (CAH) component in the state. On February 5, 2014, the programme was launched in the state by the state Minister for Health, Mr Lal Thanzara.

### Implementation Update in 2014

As part of the communitization strategy under the National Health Mission (NHM), the state has constituted the ASHA Mentoring group, Rogi Kalyan Samitis (RKS) and Village Health, Sanitation and Nutrition Committees (VHSNCs) at the state, health facility and village levels.

At a glance	
<b>Selected ASHAs</b>	987
<b>VHSNCs</b>	830
<b>RKS</b>	77

A pilot programme on Community Action for Health was carried out in Sercchhip district's Chhingchhip Primary Health Centre, covering six villages, and the Thenzawl Community Health Centre covering seven villages. Zoram Entu Pawl (ZEP) implemented the programme as State Nodal Agency. The following activities were undertaken:

- The AGCA organized an orientation workshop for state-level officers and the state nodal agency on CAH processes
- An MoU was signed by the state with ZEP to pilot the programme in the identified intervention areas
- Village-level meetings were held with key stakeholders to identify the health issues.

The pilot was done during February-June 2014. In the FY 2014-15, the state had planned to scale-up the programme in three districts - Sercchhip, Lawngtlai and Lunglei, covering 3 CHCs, 17 PHCs, 164 sub-health-centres/clinics across 329 villages. The activities planned were:

- Meetings of the State Mentoring Group and working groups on quarterly basis
- Selection of the implementation partners at the state and district levels
- Mapping of the organisations in each district
- Review of the RKS and the VHSNCs by the AGCA
- Organisation of Training of Trainers (ToT) for the state and NGO staff by the AGCA
- ToT for trainers of RKS, VHSNCs and PRIs
- Adaptation of tools and manuals in the state context
- Training for ASHAs and the multi-purpose workers on community action.

The state could not take up the planned activities due to limited budgetary approvals for the component and delayed receipt of the Record of Proceedings (RoPs). The state level consultation on community processes was held on December 4-5, 2014 to discuss the potential focus areas under the programme. It was suggested during the consultation that the state would focus only Sercchhip district with additional 5 more VHSNCs besides the existing 13 VHSNCs from the pilot phase for the remaining period of the FY 2014-15, which was not worked out.

### Proposed Plans for the FY 2015-16

The state has proposed the same plan for the FY 2015-16 as was planned for the remaining period of the FY 2014-15. The state has received an approval from the Ministry for its implementation. However, as the approved time frame and budget is only for two months, the state has submitted

the revised plan with a budget for 12 months in the supplementary PIP. Meanwhile, the state is planning to organise the State Mentoring Group meeting and has started to roll out the activities proposed in the FY 2015-16. Key activities are:

- 1) Strengthening VHSNCs by increased supportive supervision/training to VHSNCs members
- 2) Training of the RKS members
- 3) Identification of civil society organisations in each district
- 4) Scale up the community action programme in the entire Serchhip district with support from the ZEP in a phased manner.

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